Minor Form

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT ("AGGREEMENT")

We, the staff of Woodman Athletics recognize our obligation to make our students and their parents aware of the risks and hazards associated with gymnastics, cheerleading, and rock climbing. Students may suffer injuries, possibly minor, serious, or catastrophic in nature. Parents should make their children aware of the possibility of injury and encourage their children to follow all the safety rules and coaches' instructions.

I understand that it is the parents' responsibility to warn the child about the dangers of gymnastics, cheerleading, rock climbing, and trampolining and injury. The parent should warn the child according to what the parent feels is appropriate. Woodman Athletics will only warn the child through "Safety Messages" and our teaching style and progressions.

I fully understand that Woodman Athletics staff members are not physicians or medical practitioners of any kind. With the above in mind, I hereby release the Woodman Athletics staff to render temporary first aid to my child or children in the event of any injury or illness, and if deemed necessary by Woodman Athletics staff, to call our doctor and to seek medical help, including transportation by a Woodman Athletics staff member or it's representatives, whether paid or volunteer, to any health care facility or hospital, or the calling of an ambulance for said child should the Woodman Athletics staff deem this to be necessary.

I also affirm that I now have and will continue to provide proper hospitalization, health, and accident insurance coverage that I consider adequate for both my child's protection and my own protection.

In consideration of participating in Woodman Athletics programs, I represent that I understand the nature of this Activity, and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the activity. I fully understand that this Activity involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be cause by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the "releasees" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, cost, and damages I incur as a result of my participation in the Activity.

I hereby release, discharge, and covenant not to sue Woodman Athletics LLC, it's respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) from all liability, claims, demands, losses, or damages, on my account caused or alleged to be caused in whole or in part by the negligence of the "realeasees" or otherwise, including negligent rescue operations, and future agree that if, despite this release, waiver of liability, and assumption of risk, I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the Releasees from any loss, liability, damage, or cost, which any may incur as the result of such claim.

I have read the **RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT**, understand that I have given up substantial rights by signing it, and have signed it freely and without inducement or assurance of any nature, and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law, and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

_____ _____

Printed name of Participant Signature of Participant Date

PARENTAL CONSENT

AND I, the minor's parent and/or legal guardian, understand the nature of the above referenced activities and the Minor's experience and capabilities, and believe the minor to be qualified to participate in such activity. I hereby Release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to have been caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from any litigation expense, attorney fees, loss liability, damage, or cost any Releasee may incur as a result of any such claim.

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Printed name of Parent or Legal Guardian Signature of Parent or Legal Guardian Date